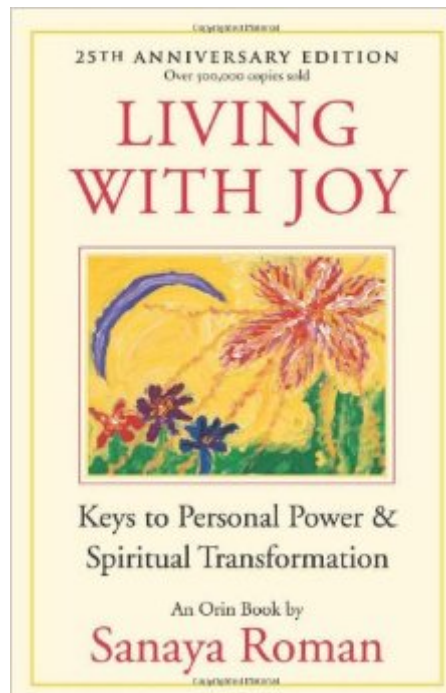


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Living With Joy: Keys To Personal Power And Spiritual Transformation (Earth Life Series)



Synopsis

An Internationally Bestselling Orin BookChannel Sanaya Roman presents Living with Joy, given to her by Orin, a timeless being of love and light. In the tradition of Jane Roberts, Esther Hicks, and Edgar Cayce, gifted channel Sanaya Roman presents Living with Joy, given to her by Orin, a timeless being of love and light. This wise and gentle spirit teacher offers a systematic course in spiritual growth through this book. This Living with Joy revised and updated 25th Anniversary Edition includes:

- * New channeled information*
- Over 300 new Joy Affirmations*
- 18 new Daily Joy Practices for an uplifting day*
- Stories from our readers

The spiritual truths and transformative meditations and exercises in these pages have opened hundreds of thousands of people to their greater potential. With the guidance of this bestselling classic, you can see immediate results in your life when you learn to:

- * Love and appreciate yourself*
- Open to receive*
- Experience more self-confidence and self-esteem*
- Live in higher purpose*
- Take a quantum leap in any area*
- Change negatives into positives*
- Gain clarity in your relationships*
- Increase your sense of aliveness and well-being

You can live a life that fulfills you. You can radiate love; be compassionate and forgiving; feel inner peace; open to receive; take a quantum leap; and live in higher purpose. You can experience more joy as you increase your self-respect, self-esteem, and self-worth; experience more balance, stability, and security; embrace the new; and discover your higher purpose. Orin guides you into the art of self-love, where you can accept yourself as you are right now, release guilt, examine how your beliefs about reality create your experience, and open to the love others have for you. Orin discusses the nature and power of love to transform your life. You will look at how to achieve balance, stability and security; gain more clarity; embrace the new; and discover and draw to you your higher purpose. You will discover more about how to create freedom, to value yourself and where you put your time, and believe that what you love to do is your higher purpose. You will connect with the power and love of your soul, your innermost self. Orin guides you to recognize who you are, to develop positive pictures about yourself, and how to bring out the higher wisdom, love, and nature of the true self that lies within you. The images you send out about yourself determine how other people view you and treat you. You will explore the images of yourself that you are holding and broadcasting to others. Orin discusses the value of becoming the authority of what is good for you rather than making other people and their opinions determine your self-worth. In this book Orin talks about how to have more, believe you can create what you want, open to receive even more than you have ever allowed into your life, and discover the power of appreciation, gratitude, and the law of increase. You can stop being affected by the world around you. Orin guides you to feeling more inner peace through connecting with your deeper self, and how

to stop being affected by the world and instead to positively affect it with your peace. You can live a life filled with happiness and aliveness as you follow your path of joy. You can learn to create what you want and take a quantum leap in every area of your life, changing your reality and what you experience. You can live a life doing those things you love to do, feel joyful, and bring joy to everyone around you as you do. You live in a limitless world, and you can expand beyond anything you know. Fill your thoughts with what you want and you will have it. Believe in abundance, trust that the universe is friendly, and sound your soul's note of joy as you read and explore how to live with joy. Sanaya and Orin invite you to choose joy, release struggle, and open to the power of your innermost being.

Book Information

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Customer Reviews

Incredibly profound in content. Having gone through the whole "Conversations With God" (CWG) series as well as "Friendship with God", I wondered how this book would compare in principle--and I'm happy to say quite favorably. It seems truth IS universal, despite varying styles. Whereas CWG was mind-blowing in it's eloquence, "Living With Joy" seemed almost child-like in it's gentle manner. Like a patient teacher, it takes your hand and walks you through precisely what it means to live a life based on joy. And what a delightful, refreshing, thought-provoking and ultimately life-changing stroll it is. I especially liked Orin's admonition to take what he says and use what resonates for you, personally, and leave the rest behind. A good principle, I feel, when reading anything pertaining to our individual growth paths. Having said that, I found that almost all of it resonated with me, deeply

and profoundly. You may, too. Read it for the light it can bring. Live it for the positive changes it can invoke. Love it for the joy we can all share and partake of. Highly recommended.

I read this book several years ago while I was in university and it struck me around that time that in all of my years of studies I had never learned anything truly *important* in school. Nothing compared to this, nothing that added meaning or depth to my life, nothing that helped me to live with more peace, joy, or compassion. In this book I was reading about the importance of looking at all situations in a higher way and finding the good in them, about the importance of self love, self respect, self esteem, gratitude, higher purpose, how to experience more inner peace, balance, security, clarity, and freedom in my life. These concepts and subjects are among the most important things anyone can learn about living and life and *none of it was being taught in schools!* If you have never read any of Sanaya's books before and are new to the metaphysical field, this book is a great place to start. It discusses down to earth applicable knowledge without dabbling in esoterics. It is completely devoid of dogma and is not based in any religion or philosophy. A good complement to this book (for me) has been the Conversations with God (CWG) series by Neale Donald Walsch. While Sanaya/Orin speaks of many practical things you can do to make your everyday life work in higher ways, CWG has an in-depth metaphysical discussion of broader spiritual topics. Beware though, these books (the CWG series) may be deep waters for some... if you are not prepared to be challenged in your beliefs and the way you see the world, bring scuba gear or steer clear. I highly recommend both this and all of Sanaya's books. Some deal with more accessible topics than others (like LWJ and Creating Money), others are more esoteric (Spiritual Growth and Opening to Channel) and others are somewhere in between (Soul Love and Personal Power through Awareness). All are excellent and top notch in quality though and even the ones dealing with esoterics are very clearly written and easy to understand. In each subject area the individual books deal with they are at the top of their field. You simply won't find any better on the subjects. I wish this author was better known to the public as her books have so much to offer. If this review is the first encounter you have had with any of her books then you have stumbled onto a great (and largely unknown) treasure in metaphysical literature. I wholeheartedly encourage you to dive in and enjoy! If anyone wishes to discuss her material or metaphysics, please feel free to contact me.

In my 20's I was self-centered, insecure, paranoid, sad, depressed, and suicidal. I first read Opening to Channel by Sanaya Roman and Duane Packer which then led me to other books by these authors. And thank goodness it did! Living With Joy helped me change my perspective of my life. It

helps the reader examine why his/her life is the way it is and to recognize the beauty of its perfection. I'm now 32 years old and the happiest I can imagine ever being. Even when life throws new curves at me, I see things as challenges to help me become a stronger person. If you know anyone who is depressed or angry at the world, send them a copy of this book. It just may make a difference.

I have read everything from Jack Canfield to the Bible, watch the Secret and listened to Tony Robbins and there is NOTHING that can be compared to this book. You know the story -- a guy looking for the key to happiness is life, and researching every avenue possible. Simply put, if you doubt yourself, your life, your work, family, kids, relationships, anything...I'll bet you a Guinness that by the time you're done reading this, you'll have a smile, and everything will seem calm -- things will just make sense. I can safely say this is book changed my life (and boy was I skeptical) and it will change yours.

This book, like all of Sanaya's and Orin's works, are the most gentle and loving on the planet. I've read many other channeled books which read like pure gibberish, because the earth-bound channel lacked the objectivity to "stay out of the way", and let the message come through. Nine times out of ten, we end up reading about how miserably we've failed on one plane or another, or about some mystical nonsense with no practical application. Even Edgar Cayce dipped in the well of "it's my way or the highway" religion. Sanaya Roman espouses no particular religious path-you are encouraged to take from the book what fits you, and leave the rest. These books offer comfort, inspiration, and practical help that feels real to me. Ever read a self-help book that purports to understand how you feel, offer to help you with your maladies, only to leave you feeling worse by implying what a hopeless sot you are (unlike the author, who didn't have any REAL problems to begin with)? Well, I've learned to skip any book that doesn't come from love. I read many books, but these are the ones I read every day, for well over a decade. Any of these books are the best of the field-bar none.

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